



CLASS PRESENTATION CATALOG

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Discover Your Direction

Introduction To CIC Services

This presentation focuses on providing your students with a brief overview of the Career and Internship Center's many services and the ways that we work to support UBalt students both during their time at the university and beyond. We will spend time going over resources, different coaching services, as well as upcoming CIC events that might be relevant to your class.

NACE Competencies Met: Career & Self-Development

UBalt Learning Goals Met: Apply strategies that enhance professional and personal competence. Acquire knowledge about models of ethical behavior and understand its implications in the development of personal and professional relationships.

Career Cycle

The CIC's model for career coaching is based on our Career Cycle, a methodology that has been recognized by institutions around the globe! In this presentation, our team will guide your class through a discussion of the different elements that go into effective career planning and preparation, how to identify where your students are on the cycle, and what next steps they should take to continue to progress through the cycle's different parts.

NACE Competencies Met: Career & Self-Development, Critical Thinking, Equity & Inclusion

UBalt Learning Goals Met: Apply strategies that enhance professional and personal competence. Think critically and creatively to solve problems and adapt to new environments. Acquire knowledge about models of ethical behavior and understand its implications in the development of personal and professional relationships. Connect knowledge with choices and actions that engage others in diverse local and global communities.



Figure 1 - Career Cycle

iStartStrong Assessment

The CIC's team are trained in administering the iStartStrong career assessment to students, which is designed to assist students in better understanding their career interests in terms of their key traits identified through John Holland's psychological theory. In this presentation, we help students to understand the meaning of the assessment they would take before the class presentation and how they can interpret their results, as well as the ways that their results can inform future career planning from the students.

NACE Competencies Met: Career & Self-Development, Critical Thinking, Leadership

UBalt Learning Goals Met: Apply strategies that enhance professional and personal competence. Develop an integrated and specialized knowledge and skills base. Think critically and creatively to solve problems and adapt to new environments. Connect knowledge with choices and actions that engage others in diverse local and global communities.



Figure 2 - iStartStrong Assessment

Strengths

Strengths (IDIS): Students enrolled in IDIS 101 will be exposed to StrengthsQuest as part of their course assignment. The goal of this workshop is for students to recognize and articulate their top five talent themes, in both written and verbal forms.

Strengths (Introduction): Provides background of Strengths and introduces students to their top five talent themes. The goals of this workshop are:

1. students will practice articulating their five talent themes,
2. students will identify barrier labels associated with their talents, and
3. students will engage in goal setting activity on how to leverage their strengths academically and/or professionally.

Strengths (Leadership): This workshop dives into the importance of building a diverse team. The goals of this workshop are:

1. students will share ways they use their talent themes academically and/or professionally,
2. students will identify barriers labels associated with their talents ,
3. students will be introduced to the four domains of strength and identify their individual contribution to a team, and
4. students will identify ways to leverage their strengths through the creation of professional mission statements.

4 DOMAINS OF TEAM STRENGTHS

EXECUTING 执行力	INFLUENCING 影响力	RELATIONSHIP BUILDING 关系建立	STRATEGIC THINKING 战略思维
People with dominant Executing themes know how to make things happen.	People with dominant Influencing themes know how to take charge, speak up, and make sure the team is heard.	People with dominant Relationship Building themes have the ability to build strong relationships that can hold a team together and make the team greater than the sum of its parts.	People with dominant Strategic Thinking themes help teams consider what could be. They absorb and analyze information that can inform better decisions.
Achiever Arranger Belief Consistency Deliberative Discipline Focus Responsibility Restorative	Activator Command Communication Competition Maximizer Self-Assurance Significance Woo	Adaptability Connectedness Developer Empathy Harmony Includer Individualization Positivity Relator	Analytical Context Futuristic Ideation Input Intellection Learner Strategic

NACE Competencies Met: Career & Self-Development, Communication, Professionalism, Critical Thinking, Equity & Inclusion, Leadership

UBalt Learning Goals Met: Apply strategies that enhance professional and personal competence. Develop an integrated and specialized knowledge and skills base. Think critically and creatively to solve problems and adapt to new environments. Communicate effectively in various media. Connect knowledge with choices and actions that engage others in diverse local and global communities.

Explore The World of Work

Job Search Strategies

Helping students to understand best practices for job searching is critical in helping our students to gain experience in their fields of interest. In this presentation, we go over the questions students should be asking before beginning their search so that they know what types of jobs and organizations will meet their interests and needs, what resources to utilize when searching, and how to effectively plan out the job search itself.

NACE Competencies Met: Career & Self-Development, Technology, Critical Thinking

UBalt Learning Goals Met: Apply strategies that enhance professional and personal competence. Develop an integrated and specialized knowledge and skills base.



Gaining Experience - Internships

Internships are one of the most important parts of the process in helping students to break into a new industry, as they serve as pivotal tools in gaining experience. This presentation focuses on showing students the importance of internships, the many benefits that come from doing them, and how to plan out their internship search and to identify internships that meet their needs.

NACE Competencies Met: Career & Self-Development, Communication, Equity & Inclusion, Professionalism

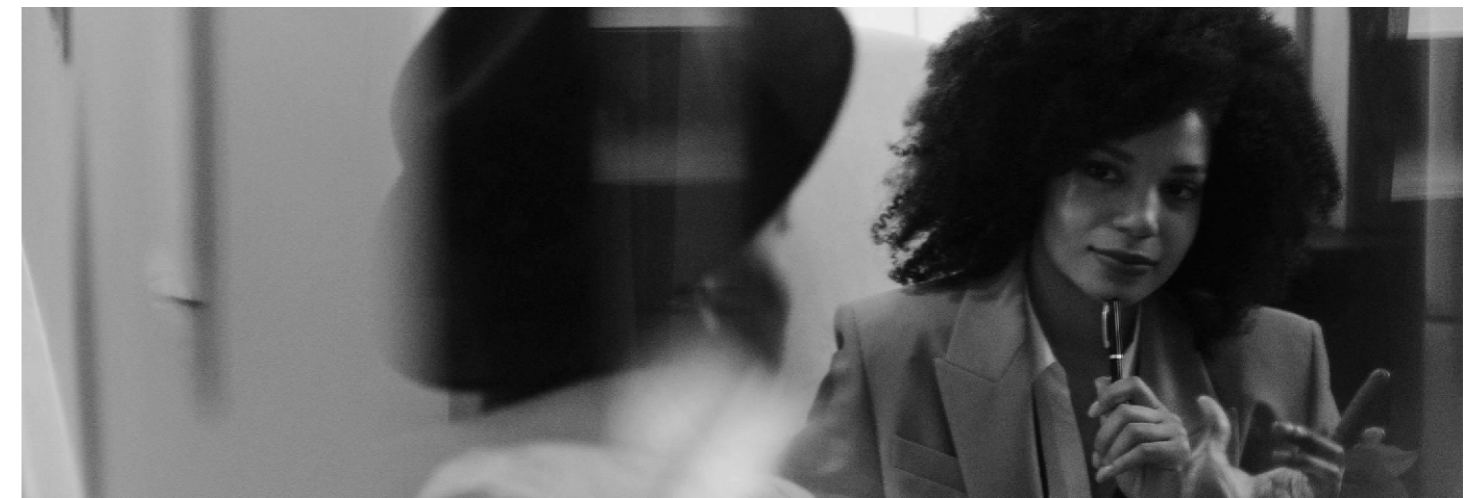
UBalt Learning Goals Met: Apply strategies that enhance professional and personal competence. Communicate effectively in various media. Connect knowledge with choices and actions that engage others in diverse local and global communities.

The Federal Job Search

The federal government has distinct standards and practices regarding both how job descriptions are structured and how they want applicants to submit for positions. This class presentation focuses on breaking down those distinctions, showing students how to navigate the federal job search, and discussing resources to assist students in this search.

NACE Competencies Met: Career & Self-Development, Technology

UBalt Learning Goals Met: Apply strategies that enhance professional and personal competence. Develop an integrated and specialized knowledge and skills base.



What Do Employers Want - Micro Presentation

This 15-minute presentation focuses on giving students a quick breakdown of the particular traits and qualifications that employers are looking for in an applicant. By having this information at their fingertips, students can better prepare their application materials and even their interview responses to make sure that they're giving employers the things they're looking for and set themselves apart from the competition.

NACE Competencies Met: Career & Self-Development, Communication, Professionalism, Critical Thinking, Equity & Inclusion

UBalt Learning Goals Met: Apply strategies that enhance professional and personal competence. Develop an integrated and specialized knowledge and skills base. Communicate effectively in various media. Connect knowledge with choices and actions that engage others in diverse local and global communities.

Communicate Your Brand

Resume/Cover Letter Review

Students will learn the best practices for developing a resume and cover letter that effectively communicates their strengths when applying for a specific position. We will discuss how to target your materials for a particular job description, the importance of keywords, the different types of resume formats, and some common mistakes that most applicants run into when developing their materials.

NACE Competencies Met: Career & Self-Development, Communication, Professionalism, Technology

UBalt Learning Goals Met: Apply strategies that enhance professional and personal competence. Develop an integrated and specialized knowledge and skills base. Communicate effectively in various media.

LinkedIn

LinkedIn is one of the most important - and underutilized - tools for job seekers and professionals across all industries. It is the professional standard as far as social media platforms and can be incredibly beneficial to job seekers in terms of making connections and identifying opportunities. This presentation talks about why students should consider using LinkedIn and how to make the most of it and allow yourself to stand out to any employers who come across your profile.

NACE Competencies Met: Career & Self-Development, Communication, Technology, Professionalism

UBalt Learning Goals Met: Apply strategies that enhance professional and personal competence. Develop an integrated and specialized knowledge and skills base. Communicate effectively in various media.

Networking - The Power of Connections

Developing a network and utilizing it effectively can be a game changer for students looking to break into new industries or who are struggling to secure employment opportunities. In this presentation, our team will help students to understand why networking is so important, how they can leverage existing connections to find new opportunities and individuals to connect with, and ways to approach potential connections for informational interviews and requests to meet and learn more about their industry experiences.

NACE Competencies Met: Career & Self-Development, Communication, Professionalism, Critical Thinking, Equity & Inclusion, Teamwork

UBalt Learning Goals Met: Apply strategies that enhance professional and personal competence. Think critically and creatively to solve problems and adapt to new environments. Communicate effectively in various media. Connect knowledge with choices and actions that engage others in diverse local and global communities.



Portfolios - The Key To Creative Careers

For students looking to enter into creative industries, including graphic design, game development, photography, animation, and so many more, having a portfolio of their best work can be considered an essential element of their application and candidacy. However, we know that many students struggle with understanding the elements that go into an effective portfolio; our goal in this presentation is to teach students what to look for in, as well as how to develop an effective portfolio.

NACE Competencies Met: Career & Self-Development, Communication, Technology, Professionalism

UBalt Learning Goals Met: Apply strategies that enhance professional and personal competence. Develop an integrated and specialized knowledge and skills base. Communicate effectively in various media.



Create Your Opportunities

How To Ace An Interview

This presentation goes over the various components involved in getting ready for, executing, and following up on an interview. Students will learn the do's and don'ts in selling oneself during an interview, effective verbal and nonverbal behaviors, the differences in preparation for interviews of different modalities, and more!

NACE Competencies Met: Career & Self-Development, Communication, Professionalism, Critical Thinking, Equity & Inclusion

UBalt Learning Goals Met: Apply strategies that enhance professional and personal competence. Develop an integrated and specialized knowledge and skills base. Communicate effectively in various media. Connect knowledge with choices and actions that engage others in diverse local and global communities.

How To Schedule A Class Presentation

Faculty who are interested in bringing a member of the CIC team into their classroom can request a presentation date by going to the CIC website and clicking the classroom presentation request link.

The QR code below directs to the CIC website.



Contact Us
410.837.5440
careercenter@ubalt.edu
ubalt.edu/careercenter

Career Community Model

The CIC utilizes a career community model to ensure that students are receiving specialized career support based on their area of study and career interests.

If you're interested in working with the CIC, we encourage you to connect with your college's career coach!

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<p>PUBLIC AFFAIRS UBalt Career Community The Career and Internship Center</p> <p>ACADEMIC DEPARTMENTS:</p> <ul style="list-style-type: none">Criminal JusticeHealth & Human ServicesPublic & International Affairs	 <p>Helen Pittman, MS CAREER SPECIALIST FOR CPA hpittman@ubalt.edu</p>
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