



The University of Baltimore
Drug and Alcohol Abuse Prevention Report
January 2020-January 2022

Administrative Policy and Compliance Committee
Division of Student Success and Support Services
Office of Human Resources

Context

The federal Drug-Free Schools and Campuses regulations (cf. EDGAR Part 86) require educational institutions receiving federal aid to provide programming to prevent substance abuse, including the abuse of alcohol, and to assess the effectiveness of such programming on a biennial basis. An annual notification related to this programming is also required. The annual notification can be disseminated in a number of ways, in sections or as a comprehensive report, as long as the means of sharing the information has a reasonable expectation of reaching all students and employees.

Further, these regulations call for the biennial review of the effectiveness of this preventative programming. Reporting is expected to address not only the letter of the law, but also the spirit of the law and identify gaps in programming so that more evidence-based practices can be incorporated for the benefit of all members of the campus community. The biennial report is to include standards of conduct; possible sanctions and other penalties for violating relevant laws and campus policies; statements about the health risks associated with the abuse of alcohol and other drugs (AOD) covered by the Controlled Substances Act (21 U.S.C. 811); and services available to students and employees, including treatment options.

The Higher Education Opportunity Act also requires the biennial report of that review to be available as part of general Title IV federal financial aid compliance, and institutions must provide a copy of its biennial report to the US Department of Education or its representative upon request.

As a non-residential campus with a large part-time population including many adult learners, student behavior on the University of Baltimore (UBalt) campus does not follow the patterns often seen at traditional residential college campuses. The greatest concentration of more traditional students is in the School of Law.

The University of Baltimore Policy on Drug and Alcohol Use Policy

The use or abuse of controlled or illegal substances, and alcohol, pose a serious threat to the health and welfare of a large segment of the college student population through a lessening of academic performance, estrangement of social relations, creation of mental health and physiological problems, vandalism, and in some cases bodily injury, illness, and death.

The University of Baltimore drug and alcohol policies are designed to help protect the health and welfare of students, observe state, federal and local laws and maintain an atmosphere and environment appropriate for learning. To review the policy in its entirety, please use the following link:

[UB IV-1.1 Policy on Drug and Alcohol Use](#)

Alcohol Policy

The University of Baltimore permits the use of alcoholic beverages in designated areas on campus if such use is in conformity with all applicable alcoholic beverage laws and the specific University regulations. The use of alcoholic beverages on campus or at off-campus University sponsored events must also be consistent with the maintenance of a high standard of conduct conducive to learning

Drug Policy

The University of Baltimore is committed to using all available means to prevent illegal activities on campus. Use, possession, sale, distribution, and being under the influence of controlled substances or illegal substances on University premises or at University-organized activities is strictly prohibited, except as permitted by law.

Amnesty Policy

The health and welfare of our community is the University's primary concern. Any student who seeks help for themselves or another person during a medical emergency while under the influence of alcohol and/or drugs will not be charged by the University with a violation of University policy for being under the influence. Additionally, the person for whom help is sought will not be charged with a violation of University policy for being under the influence.

Related Policies

The University of Baltimore has a no smoking policy that has been in effect since 2005; see [UBII-6.1: No Smoking Policy](#). It does not allow smoking by community members or guests inside any buildings or within 15 feet of an entrance to any university building.

Standards and Sanctions

Legal Sanctions for Alcohol

Students and employees of the University of Baltimore are subject to state laws for possessing, consuming and obtaining alcohol. It is illegal in the state of Maryland for any person under 21 to falsify or misrepresent his or her age to obtain alcohol or to possess alcoholic beverages with the intent to consume them. It is also illegal in most situations to furnish alcohol to a person under 21 or to obtain alcohol on behalf of a person under 21. The penalty is a fine of up to \$500 for a first offense and up to \$1,000 for repeat offenses. Under section TR16-113 of the Maryland Annotated Code, licensees under the age of 21 years are prohibited from driving or attempting to drive a motor vehicle while having alcohol in the licensee's blood. Violation of this license restriction may result in a license suspension or revocation and/or a fine.

All sales, distribution, and consumption of alcoholic beverages must conform to regulations of the University as set forth herein, to the regulations of the Board of Liquor License Commissioners for Baltimore City, and the laws of the state of Maryland. Specifically, Article 2B of the Annotated Code of Maryland (Alcoholic Beverages Law):

1. Prohibits selling or permitting consumption of alcoholic beverages after the prescribed hours (Section 86);
2. Prohibits permitting any person to drink any alcoholic beverage not purchased from the license holder on the premises covered by the license and not permitted by the license to be consumed on the premises (Section 114);
3. Prohibits selling or furnishing any alcoholic beverages to a minor or a person visibly under the influence of any alcoholic beverage (Section 18). The City of Baltimore Liquor Board requires that a one-day liquor license be obtained and displayed at any event where beer and wine are sold (Liquor Board

Rules and Regulations Rule 1.10) or that a caterer with off-sale caterer privilege be used (Liquor Board Rules and Regulations Rule 1.09)

Campus Violations for Alcohol

Violation of any regulation regarding alcoholic beverages will be adjudicated through the University's judicial system, and where appropriate, through legal action. Students and organizations found to be in violation shall face a range of University sanctions as provided in the Code of Conduct, including but not be limited to, disciplinary reprimand, loss of privilege, restitution, disciplinary probation, disciplinary suspension, disciplinary dismissal, and disciplinary expulsion.

Legal Sanctions for Drugs

Students and employees at the University of Baltimore are subject to federal, state and local laws regarding the possession and distribution of illegal drugs. Federal Law 21 USCA, sections 841 and 844, states that it is unlawful to possess, manufacture, distribute or dispense a controlled substance. In addition, the state of Maryland has additional laws dealing with distribution, manufacturing, and possession of controlled substances. Maryland law (Sections 5-601, 5-602 and 5-607, Criminal Law Article) states that any persons who unlawfully manufacture, distribute, dispense or possess a controlled dangerous substance may be subject to imprisonment for up to 5 years and fines up to \$25,000. Maryland. Ann. Code Art. 27, section 286 (1989), further states that any person who unlawfully manufactures or distributes any controlled dangerous substances may be fined up to \$25,000 and may be imprisoned for up to 20 years for a first offense.

Federal law 21 USC, sections 841 and 844–845a (1990), states that it is unlawful to possess any controlled substance for any illegal purpose. If the substance is cocaine, or contains a cocaine base, the penalty for simple possession is a fine and/or imprisonment from 5 to 20 years. For other illegal drugs, the penalty for simple possession is a fine of at least \$1,000 and/or imprisonment for up to 3 years. The penalties increase if the possession includes intent to manufacture, distribute, or dispense a controlled substance, especially if done so near a public or private elementary, vocational, or secondary school, or a public or private college or university. Additionally, any person who violates this law shall also be liable to the United States for an amount up to \$10,000 in civil penalties.

Convictions related to controlled and/or illegal substances will adversely impact a student's ability to receive federal financial aid.

Also, in Baltimore City, under Article 19, section 58C of the City Code, it is illegal to loiter in a certified drug-free zone, with penalties of imprisonment of up to 30 days and a fine of up to \$400.

Campus Violations for Drugs

Violations of laws and university policies and regulations regarding the use of controlled/illegal substances and alcohol at on-campus or University-organized activities off-campus are subject to prosecution through both law enforcement authorities and the campus judicial system. Penalties through the latter authority will depend on a careful review of the facts and circumstances of each individual case but will take into consideration such factors as the accused person's previous record, the nature of the substance, and the degree of culpability. The range of university penalties shall include,

but not be limited to, disciplinary reprimand, loss of privilege, restitution, disciplinary probation, disciplinary suspension, disciplinary dismissal, and disciplinary expulsion.

Campus Safety and Security Report

Specific information regarding incidents including drugs and alcohol that occurred on campus can be found in the Annual Security Reports below:

- [Annual Campus Security Report - 2020](#)
- [Annual Campus Security Report - 2021](#)

Health Risks

Substance abuse is recognized as the number one public health problem in the United States accounting for about 150,000 deaths annually. This includes deaths from stroke, disease of the heart and liver, and all alcohol and drug related suicides, homicides and accidents. About 30 percent of all those admitted to general hospitals and 50 percent to psychiatric hospitals have detectable substance abuse. Additionally, the impact of the pandemic has caused additional stress and strain for many managing addiction.

[Health Risks of Alcohol and Abuse](#) (Center for Disease Control, 2017)

[Health Risks of Drug Misuse](#) (National Institute of Health, 2017)

[Coronavirus Impact on Addiction](#) (Substance Abuse and Mental Health Services Administration, 2022)

Substance Abuse Prevention Program

The University of Baltimore has several different methods and strategies in place to promote substance abuse prevention and education.

Campus Notification

A campus notification is sent every fall and spring semester that reminds students of policies and regulations that are in place to help build a healthy, safe and positive university community. The notification highlights specific policies and directs students to the student handbook where they will be able to review all policies. It is also made available and updated on the Office of Student Support website regularly. The specific information that is posted about alcohol and drugs can be found below.



Alcohol and Drugs UBalt encourages all students to make healthy and safe choices. The University of Baltimore is committed to being a safe and supportive community. As such, the university upholds all federal, state and local laws and its own policies and procedures for alcohol and other drugs. For a complete list of the federal, state, local and campus policies that govern the use of alcohol and drugs, please review Section IV 1.1 of [The University of Baltimore Policy Guide](#). Students or employees found to

be in violation of federal, state, local or campus policies may be subject to disciplinary actions that may include mandatory meetings with a university official, suspension, dismissal or other appropriate sanctions. Students in need of counseling or rehabilitative services are encouraged to contact the [Office of Student Support](#) or the [Student Assistance Program \(SAP\)](#).

The University supports positive decision-making and a healthy campus environment. Students can request access to the AlcoholEDU and Prescription Drug Abuse Prevention tutorials via the UBalt student portal. This information can be found under "Tutorials." Click "Request Rx Abuse Tutorial" to complete and submit your request. You can also use the following link:

<https://ubalt.teamdynamix.com/TDClient/1799/Portal/Requests/ServiceDet?ID=40067>

Campus Safety Naloxone Program

On September 18, 2017, The University of Baltimore Police Department officers received specialized training from the Baltimore Police Department in accordance with the Annotated Code of Maryland, General Health Article, Title 13 Miscellaneous Health Care Programs and Subtitle 31 Overdose Response Program. During this training they reviewed the signs and symptoms of overdose, the administration of overdose-reversing medication, and the appropriate follow up.

All new hires for UBPD are trained in the deployment of naloxone.

Please note that policing for The University Baltimore was transferred to the University of Maryland, Baltimore Police Department on March 28, 2022. Information on their training will be provided in the next subsequent bi-annual report.

First-Year Seminar (Needs Updated)

All First-Year Seminars utilize an open-source text, which includes a specific section on Drug and Alcohol that is typically covered towards the end of the course. Additionally, in the Fall of 2021 a pilot was launched to allow students to receive extra-credit in the course if they completed the Everfi Alcohol Edu and RX Prescription Drug tutorial. In all approximately 20 students participated in the pilot. Based on the initial implementation all signs point to this program continuing with discussion about integrating the tutorials as requirements of the course moving forward.

Student Event Planning

Student organizations receive specific information and training regarding risk management and planning events that may involve alcohol. This information is available via the student organization online platform. Additionally, events that involve alcohol must include the following requirements:

- Designate an Event Chairperson
- Reserve your event space (as outlined previously for on campus events).
- Request quote from a caterer with a liquor license.
- Ensure your advisor is available to be present at the event. At least one of the organization's advisors or advisor's designee is required to be present at the event.
 - The requirement to have an advisor present is waived if **ALL** of the following apply:
 - Participants are purchasing their own alcohol, i.e. the student organization is not paying for or facilitating the purchase of alcohol.

- The venue where the event is being held has a liquor license, is providing the alcohol and servers.
 - The event is held off campus.
 - An example of an event where an advisor would not need to be present is a happy hour held at a restaurant where the student organization is purchasing food but there is a cash bar for those in attendance.
- Complete the Student Organization Alcohol Agreement Form in CampusGroups.
 - CSEI and the UB Police Department will review your request. You will receive a notification once your request to serve alcohol has been approved.
 - Obtain an invoice from a caterer with a Liquor License for the serving and providing the beer and wine.
 - Complete an Event Incident Report after the event and submit it to CSEI or UBalt School of Law.

For a complete list of the requirements for student organizations wishing to host events with the alcohol policy please visit the following link:

<https://involvement.ubalt.edu/csei/event-planning/#Student%20Org%20Alcohol%20Policy>

Regulations for the Marketing, Sale, Distribution, and Consumption of Alcoholic Beverages at University Events

All state, federal and local laws must be observed when marketing, selling and consuming alcoholic beverages.

Designated Areas

Alcoholic beverages may only be served and consumed in areas designated and approved by the Office of Auxiliary Services. When sold by student groups, a request to serve alcoholic beverages must be submitted to and approved by the Center for Student Involvement thirty days prior to the event.

Precautionary Measures

Individuals or organizations sponsoring events on or off-campus are to implement precautionary measures to ensure that alcoholic beverages are not abused, accessible, or served to persons under the legal drinking age (21) or to persons who appear intoxicated. Such measures shall include but not be limited to: identification and age verification checks, wristbands or hand stamps identifying those eligible to drink alcoholic beverages, having designated servers distribute all alcoholic beverages, prohibiting any form of drinking "contest" or game, restricting distribution of free and inexpensive alcoholic beverages, informing and arranging for UB police to be on call for all events, and having nonalcoholic beverages and food available where alcoholic beverages are served.

Advertising/Promotion

Promotional materials including advertisement of University events may not:

1. Make reference to the amount and price of alcoholic beverages (such as the number of beer kegs available),
2. Encourage any form of alcohol abuse,

3. Place emphasis on quantity and frequency of use,
4. Associate alcohol consumption with the performance of tasks that require skilled reactions such as the operation of motor vehicles or machinery, or
5. Portray drinking as a solution to personal or academic problems of students or as necessary to social, sexual, or academic success. All promotional materials shall note the availability of nonalcoholic beverages as prominently as alcohol. Alcoholic beverages may not be used as inducement to participate in a university/student organization sponsored event. Display or availability of promotional material for both on-campus and off-campus events shall be determined in consultation with the Director for the Center for Student Involvements or his/her designee.

Campus Marketing Programs

Campus marketing programs which include controlled sampling are permitted but shall conform to all University alcohol regulations, including the availability of alternative nonalcoholic beverages and food. No uncontrolled sampling as part of a campus event is permitted. The consumption of alcoholic beverages shall not be the sole purpose of any promotional activity. Marketing programs should have educational value and subscribe to the philosophy of responsible and legal use of the products represented. Marketers shall support campus alcohol awareness programs that encourage informed and responsible decisions about the use or nonuse of alcoholic beverages.

Free Alcoholic Beverages Prohibited

Alcoholic beverages may not be provided as promotions, free awards or prizes to individual students or campus organizations. Free alcoholic beverages may not be served at student events without prior approval from the Director for the Center for Student Involvement or his/her designee.

Office of Student Support Initiative's

The Office of Student Support has taken several steps over the course of the last two calendar years to help address drug and alcohol prevention. These initiatives have included the following:

Semester	Initiative	Description
Spring 2020	Interactive tabling and Activities and Wellness Fair	As a part of the campus wide Activities and Wellness Fair, an interactive table is setup helping educate students about standard drink sizes and nicotine intake via vaping.
Fall 2020-Ongoing	Review and Alignment of offerings for the Council for Advancement of Standards (CAS) in Higher Education	Annual review of two CAS standards to better align initiatives and intervention strategies.
Fall 2020	Developed Alcohol and Drug Services Website	Hosted under the Compass Case Management Program's website. The site aims to provide the holistic and philosophical approach the

		institution takes when trying to support students who may be struggling with addiction.
Spring 2021	UMatter Bystander Intervention Training	Began offering annual week of programming around bystander intervention, with specific intention to offer Drug and Alcohol trainings as a part of the regular programming.
Spring 2021	Established Relationships with key local Recovery Sites	Through the institution's Student Assistance Program, Case Managers within the Office of Student Support created ongoing relationships with rehabilitation and recovery sites to better be able to support and refer students as appropriate.
Fall 2021	Review and Alignment with COLLEGEAIM Strategies	COLLEGEAIM developed by the National Institute on Alcohol Abuse and Alcoholism, provides institutions with information about effective interventions around alcohol.
Fall 2021	Statewide Advertising campaign around Fentanyl, overdose prevention and Naloxone.	Posted posters advertising the dangers of Fentanyl, steps to take if you believe someone has overdosed and how to effectively administer Naloxone around campus in high visibility locations.
Fall 2021	First-Year Seminar Pilot Offering AlcoholEDU and RX Prescription Drug tutorials.	As mentioned above, developed a targeted offering of the two tutorials to try and reach a cohort of first year students. Which identifies the most significant group of students under the legal drinking age on the UBalt campus.
Fall 2021	Relationship Development with the Baltimore City Health Department	Developed on-going relationship with the Baltimore City Health Department to be able to offer ongoing training and collaborations in the future.
Fall 2021	Hosted Panel on the effects the Pandemic has had on Addiction	Invited Panelists from the Baltimore City Health Department, Student Assistance Program, Center for Drug Policy

		and Prevention and an Alcohol and Drug Treatment Center.
Fall 2021	Screening, Brief Interventions and Referral to Treatment Training	The Office of Student Support Sub-committee focused on Drug and Alcohol complete this online training made available by University of Maryland School of Medicine.

Alcohol and Other Drug preventions Efforts at UBalt Working Group

As discussed in the previous bi-annual report, the Alcohol and Other Drug Prevention Efforts at UBalt Working Group was established in the Fall of 2020. The group’s membership consists of representatives from the Office of Student Support, Center for Student Engagement and Inclusion, Human Resources, the UBalt School of Law and University of Baltimore Police Department. The group met quarterly, typically twice a semester since its launch, to discuss the various on-going initiatives surrounding Drug and Alcohol Prevention at the institution. The list of initiatives the group has been involved with has included the following:

Semester	Initiative	Description
Fall 2020-Ongoing	Policy Review and Recommendations	Periodically the group has reviewed the current Drug and Alcohol Policy, ensuring it best reflects the needs of the institution and the community. Additionally, it has also made recommendations for future development.
Fall 2020-Ongoing	Resource and Development Sharing	During the regular meetings, information about upcoming training, partnerships, or other opportunities for the group to develop a greater understanding around the challenges of addiction are announced and reviewed.
Fall 2020	Maryland Behavioral Intervention Team Affinity Training	Several members of AOD Working group attend Substance Use as the Canary in the Coalmine: Ideas on Community and Student Intervention with Clifford Brooks ED.D., LPC, NCC, CADC
Spring 2021	Reviewed AlcoholEDU and RX Prescription Drug	Membership was each assigned the trainings to have a chance to gain a greater understanding of the services and to better be

		able to promote and support their usage around campus.
Fall 2021	Mission Statement Establishment	In congruence with the ongoing Office of Student Support CAS standards review the group develops and implements a Mission Statement to help guide their work and to potentially create future goals.

Treatment and Referrals

Additional Information can be obtained at the following sites:

Addictions Hotline- 1.800.559.9503

[Baltimore Area Narcotics Anonymous](#)

[Baltimore Intergroup Council of Alcoholics Anonymous](#)

[Baltimore County Substance Abuse Program-](#) 410.887.3828

[Marian House](#)

[Maryland Alcohol and Drug Administration](#)

[Maryland's Behavioral Health Administration](#)

[Substance Abuse and Mental Health Services Administration](#) - 1.800.662.HELP (4357) or 1.800.487.4889

[University of Maryland Treatment Sites](#)

Employee Education and Resources

Employees are educated about the [State of Maryland Substance Abuse Policy](#) on the [Human Resources New Employee Onboarding](#) portion of the university website and during new employee orientation. This portion of the website also has information about the [Employee Assistance Program](#) which provides confidential assistance from licensed professionals for alcohol/ substance abuse and additional support. Employees may self refer, or they may be referred by a manager. The Employee Assistance Program information can also be found within the campus web portal with several other important resources. Employees may also contact the Employee Relations Specialist to receive additional resources and support. Employees are also informed of their rights and protections under the Americans with Disabilities Act, the ADAAA of 2008 and Family Medical Leave Act.

Employees also have access to numerous off-campus resources, including the following noted below:

1. [The Substance Abuse and Mental Health Services Administration](#) (SAMSHA), provides a Behavioral Health Treatment Services Locator, which is a confidential and anonymous source of information for persons seeking treatment facilities in the United States or U.S. Territories for substance abuse/addiction and/or mental health problems.

2. SAMSHA also offers free and confidential information in English and Spanish for individuals and family members facing substance abuse and mental health issues, 24 hours a day, 7 days a week. To access SAMHSA's National Helpline, individuals can call 1.800.662.HELP (4357) or use 1.800.487.4889.

3. [Maryland's Behavioral Health Administration](#) offers several resources related to drug treatment and drug prevention.

4. A free support and resource for smoking cessation. For more details, individuals can call 1.800.QUIT.NOW (1.800.784.8669) and visit smokefree.gov.

Center for Drug Policy and Enforcement

The Center for Drug Policy and Enforcement (CDPE) brings together policy experts, advocates and scholars dedicated to scientific research and best practices for stopping the proliferation of drugs and violence in our communities. The center focuses on applied research initiatives to reduce drug trafficking, money laundering, firearms trafficking, drug-related violence, and gang activity, and pursues strategies to advance a public-health approach to resolving the core problem of addiction.

Funded entirely through external grants, the CDPE focuses its efforts on Maryland, the District of Columbia, Virginia, and West Virginia, and includes the Washington/Baltimore High Intensity Drug Trafficking Areas (HIDTA) program. The [HIDTA Program](#)—which is strongly aligned with the mission of the College of Public Affairs—is a federal grant program administered by the White House Office of National Drug Control Policy that provides resources to assist federal, state, local and tribal agencies in coordinating activities that address drug trafficking in specifically designated areas of the United States.

The goals of the CDPE are to:

- improve efforts to combat drug trafficking and drug abuse;
- develop innovative approaches to reduce violent crime;
- conduct research on drug and money laundering organizations and gangs;
- provide strategic, operational and tactical criminal intelligence to our clients;
- enhance the college's academic environment through educational and research opportunities;
- develop new and expand upon existing collaborative relationships with other departments and colleges within the University; and
- seek additional grants and other external funding to support its goals.

As part of the College of Public Affairs, the CDPE brings both paid and unpaid undergraduate and graduate internships to the college's students. Internships with the center frequently result in full-time employment, with the CDPE or one of its participating agencies.

Progress from the 2018-2020 Report

There has been a considerable amount of development since the University of Baltimore's previous biannual report. The largest and most significant has been the establishment and solidification of the Alcohol and Other Drug Prevention Efforts at UBalt Working Group. This group has allowed for the offices most directly connected to the work of alcohol and drug prevention to collaborate and have meaningful discussions about the institution's commitment to creating a safe and healthy community.

Additionally, another area of progress from the institution's previous report has been a more sustained focus on programming intended to educate the campus community about prevention. The Office of Student Support has been essential in this process and as you can see above implemented several programs and worked to strengthen its support offerings.

Beyond that, the other promising development has been the continued relationship the Office of Student Support has been able to develop with the Baltimore City Health Department, local recovery sites and other prevention specialists in the area. The work of alcohol and drug prevention is inextricably linked with the surrounding environment and through the establishment of these relationships

Recommendations

Perhaps the most substantial outcome from the regular meetings the Alcohol and Other Drug Prevention Efforts at UBalt Working Group has identified some key areas of refinement that are needed to the campus wide drug and alcohol policy for it to best suit the needs of the campus. While the process for events with alcohol for student groups is well established and includes many of the best practices, a lack of clear oversight for other events will be a key area of focus. A goal of the next two years will be partnering with the Administrative Policy Committee to help address and craft changes to best suit these needs, while engaging stakeholders to ensure a thoughtful and intentional implementation.

Additionally, while UBalt has made significant strides in its intentional focus on alcohol and drug prevention, the effects of the pandemic, state, and nationwide budget challenges, and staff turnover will continue to be challenges. Another significant goal will be maintaining the momentum that has been established while looking for ways to streamline or create cooperation with other offerings to try and provide impactful and efficient opportunities for prevention education. One example of this might include the implementation of Mental Health First Aid, which while primarily focused on mental health also specifically speaks to the signs of addiction.